

9. To inject the dose

Use alcohol, or soap and water, to clean the skin where you are going to inject your child. The injection site should be dry before you inject.

Lightly pinch the skin. Insert the needle in the way that your child's doctor showed you. Release the skin.

Slowly push in the plunger of the syringe all the way, making sure that you have injected all the liquid.



10. Pull the needle straight out and gently press (do not rub) with gauze or cotton.

Pull the needle straight out and gently press on the spot where you injected your child with gauze or a cotton ball for a few seconds.

Do not rub the area!

Do not recap the syringe. The used needle and syringe should be placed in a sharps container which should be sealed and disposed of properly.

Reporting of side effects

If your child gets any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard.

By reporting side effects you can help provide more information on the safety of this medicine.

For additional information, please refer to the Increlex patient information leaflet or consult your doctor or nurse.



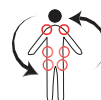
✿ Increlex should be given twice a day



✿ Increlex should be given just before or immediately after a meal (within 20 minutes)



✿ If an Increlex dose cannot be given just before or just after a meal, that dose of Increlex should be omitted



✿ Use a different injection site on the skin with each dose



✿ If a dose is omitted, subsequent doses of Increlex should never be increased to make up for one or more omitted dose. The next dose should be taken at the usual time

2°C - 8°C



✿ Increlex should be kept in the refrigerator but must NOT be frozen



Instructions for use

This leaflet is a quick reference guide to preparing and injecting Increlex®

This medicine is subject to additional monitoring. This will allow quick identification of new safety information. You can help by reporting any side effects your child may get. See www.mhra.gov.uk/yellowcard for how to report side effects.

Increlex – Instructions for use

Increlex should be administered using sterile disposable syringes and needles.

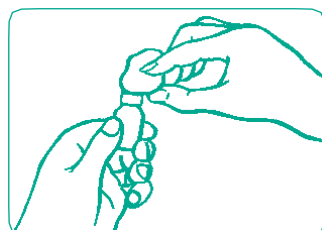
Preparing the dose:

1. Wash your hands

Wash your hands before you get Increlex ready for the injection.

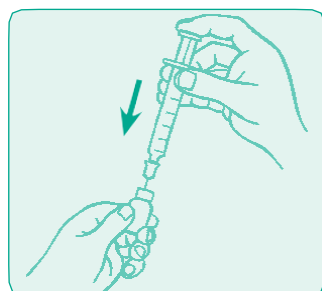
2. Use a new needle and syringe

Use a new needle and syringe **every time** you give a dose.



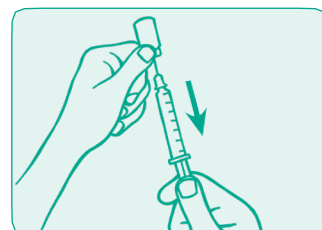
3. Preparing the syringe

Check the liquid to make sure it is clear and colourless – **do not** use it if it is cloudy or if you see particles, and do not use it after the expiry date. If you are using a new vial, remove the protective cap but do not remove the rubber stopper, which you should wipe with an alcohol swab to prevent contamination.



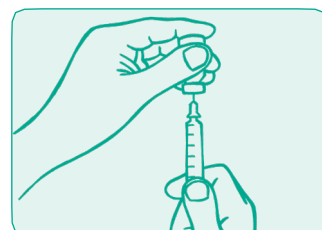
4. Inject air into the vial

Before putting the needle into the vial, withdraw the plunger to draw an amount of air into the syringe that is equal to the Increlex dose. Push the needle through the rubber top of the vial and then push the plunger to inject air into the vial.



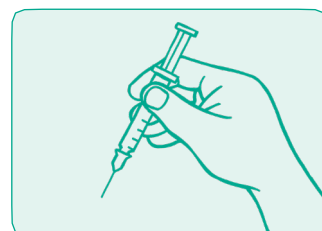
5. Withdrawing the dose

Leave the syringe in the vial and turn both upside down. Hold the syringe and vial firmly. Make sure that the tip of the needle is in the liquid and then pull the plunger to withdraw the correct dose into the syringe.



6. Remove air bubbles and fill syringe

Before you take the needle out of the vial, check the syringe for air bubbles. If air bubbles are in the syringe, hold the vial and syringe with the needle straight up and tap the side of the syringe until the bubbles float to the top. Push the bubbles out by using the plunger, and then draw liquid back until you have the correct dose.



7. Ready to inject

Remove the needle from the vial.

Do not let the needle touch anything.

You are now ready to inject.

Injecting the dose:

Inject Increlex as instructed by your child's doctor.

Do not give the Increlex injection if your child is unable to eat within 20 minutes before or after the injection.

8. Decide on a site of injection

Decide on an injection area – upper arm, thigh, buttock, or abdomen.

The injection site should be changed for each injection (rotate the injection site) to avoid formation of a lump of fatty tissue under the skin (lipohypertrophy) caused by repeated injections in the same place.

