

# ALMURIVA PATCH INSTRUCTIONS FOR USE AND PATIENT DIARY

---

For patients who have been  
prescribed Almuriva Patch

**ALMURIVA PATCH**  
(rivastigmine transdermal system)

October 2021

- To minimise the risk of unwanted side-effects, it is important that you and/or the people who care for you know how to use this medicine correctly.
- If you have any questions or require more information, please read the patient information leaflet that came with the medicine.
- If you are not sure about anything, please ask your doctor or pharmacist.

## Reporting side effects:

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet.

Please report suspected adverse drug reactions (ADRs) to the MHRA through the Yellow Card scheme. You can report via:

- the Yellow Card website [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard)
- the free Yellow Card app available from the Apple App Store or Google Play Store
- some clinical IT systems (EMIS/SystmOne/Vision/MiDatabank) for healthcare professionals

Alternatively you can report a suspected side effect to the Yellow Card scheme by calling 0800 731 6789 for free, Monday to Friday between 9am and 5pm. You can leave a message outside of these hours.

When reporting please provide as much information as possible.

By reporting side effects, you can help provide more information on the safety of this medicine.

## Important to remember

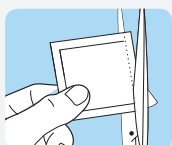
- Take off the old patch before putting **one** new patch on.
- Only **one** patch per day.
- Do not cut the patch into pieces.
- Press the patch firmly in place for at least 30 seconds using the palm of the hand.
- Dispose of old patch by placing it in an empty sachet and then putting in the bin.
- Do not expose the patch to any external heat sources (e.g. excessive sunlight, saunas, solarium) for long periods of time.

## How to apply

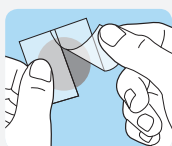
1. Carefully **remove the existing patch** before putting on **one** new patch.



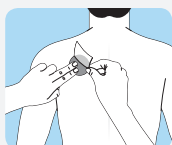
2. Take the new patch from the sachet. This sachet can now be used to safely dispose of the old patch.



3. Peel one side of the protective liner off the patch.



4. Stick the patch on the upper or lower back, upper arm, or chest and peel off the other side of the protective liner.



5. Press the patch firmly in place for at least 30 seconds.



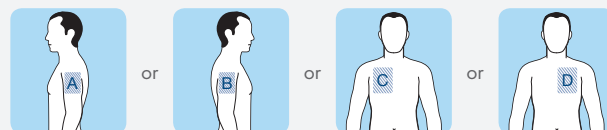
## Where to apply

Take off the old patch before putting **one** new patch on.

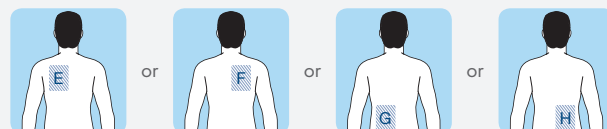
Apply **one** new patch in **one** of the following areas every day.

You can use the same area (A or B or C or D or E or F or G or H), but do not use the exact spot within the same area.

### Front:



### Back:



The patch should not be applied to skin that is red, irritated or cut.

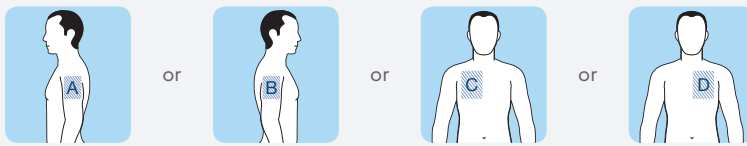
Do not apply to the stomach or thigh.

## How to use this record sheet

- Use this record sheet to keep track of when you apply and take off a ALMURIVA PATCH.
- Tick the box when you have removed the old patch.
- Fill in the date and day you apply the new patch.
- Fill in the letter of the application area where you have applied the new patch.
- If you have any questions or require more information, please read the patient information leaflet that came with the medicine.
- If you are not sure about anything, please ask your doctor or pharmacist.

### Application area

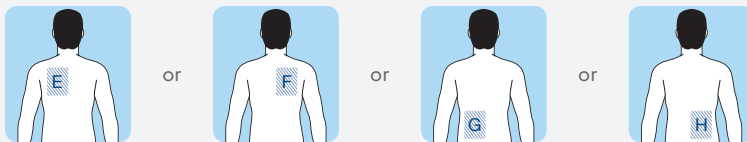
Front:



Carefully remove the existing patch before putting on a new one.

Apply **one** new patch in **one** of the areas to the left every day.

Back:



You can use the same area (A or B or C or D or E or F or G or H), but do not use the exact spot within the same area.

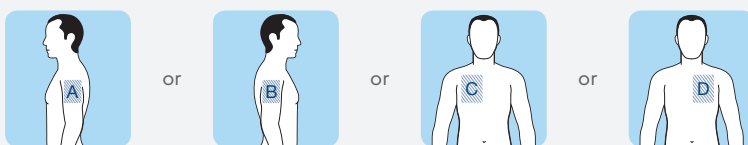
Old patch removed?	Date of application of new patch	Day of application of new patch	Application zone of new patch (letter)
<input checked="" type="checkbox"/>	08 March 2015	Sunday	A
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			

## How to use this record sheet

- Use this record sheet to keep track of when you apply and take off a ALMURIVA PATCH.
- Tick the box when you have removed the old patch.
- Fill in the date and day you apply the new patch.
- Fill in the letter of the application area where you have applied the new patch.
- If you have any questions or require more information, please read the patient information leaflet that came with the medicine.
- If you are not sure about anything, please ask your doctor or pharmacist.

### Application area

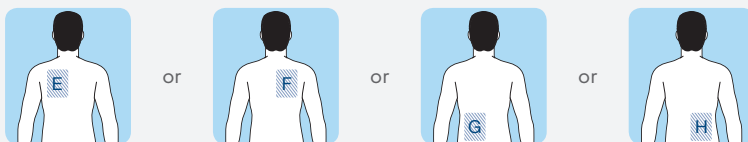
Front:



Carefully remove the existing patch before putting on a new one.

Apply **one** new patch in **one** of the areas to the left every day.

Back:



You can use the same area (A or B or C or D or E or F or G or H), but do not use the exact spot within the same area.

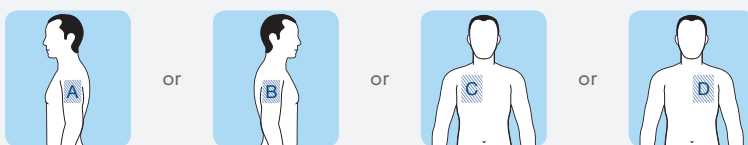
Old patch removed?	Date of application of new patch	Day of application of new patch	Application zone of new patch (letter)
<input checked="" type="checkbox"/>	08 March 2015	Sunday	A
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			

## How to use this record sheet

- Use this record sheet to keep track of when you apply and take off a ALMURIVA PATCH.
- Tick the box when you have removed the old patch.
- Fill in the date and day you apply the new patch.
- Fill in the letter of the application area where you have applied the new patch.
- If you have any questions or require more information, please read the patient information leaflet that came with the medicine.
- If you are not sure about anything, please ask your doctor or pharmacist.

### Application area

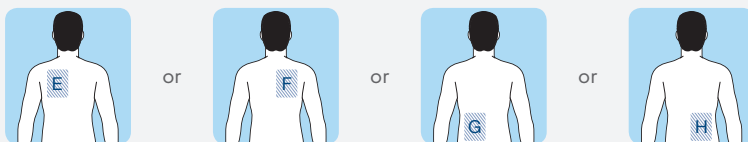
Front:



Carefully remove the existing patch before putting on a new one.

Apply **one** new patch in **one** of the areas to the left every day.

Back:



You can use the same area (A or B or C or D or E or F or G or H), but do not use the exact spot within the same area.

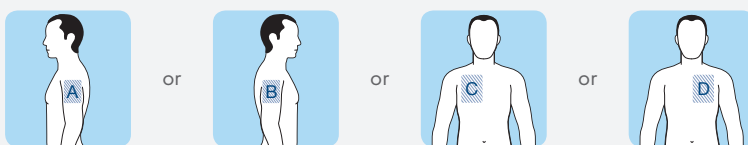
Old patch removed?	Date of application of new patch	Day of application of new patch	Application zone of new patch (letter)
<input checked="" type="checkbox"/>	08 March 2015	Sunday	A
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			

## How to use this record sheet

- Use this record sheet to keep track of when you apply and take off a ALMURIVA PATCH.
- Tick the box when you have removed the old patch.
- Fill in the date and day you apply the new patch.
- Fill in the letter of the application area where you have applied the new patch.
- If you have any questions or require more information, please read the patient information leaflet that came with the medicine.
- If you are not sure about anything, please ask your doctor or pharmacist.

### Application area

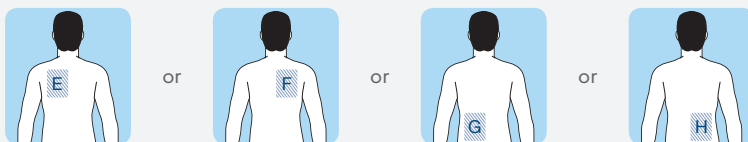
**Front:**



Carefully remove the existing patch before putting on a new one.

Apply **one** new patch in **one** of the areas to the left every day.

**Back:**



You can use the same area (A or B or C or D or E or F or G or H), but do not use the exact spot within the same area.

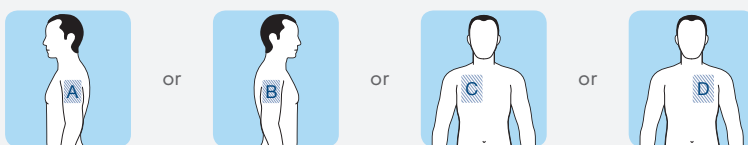
Old patch removed?	Date of application of new patch	Day of application of new patch	Application zone of new patch (letter)
<input checked="" type="checkbox"/>	08 March 2015	Sunday	A
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			

## How to use this record sheet

- Use this record sheet to keep track of when you apply and take off a ALMURIVA PATCH.
- Tick the box when you have removed the old patch.
- Fill in the date and day you apply the new patch.
- Fill in the letter of the application area where you have applied the new patch.
- If you have any questions or require more information, please read the patient information leaflet that came with the medicine.
- If you are not sure about anything, please ask your doctor or pharmacist.

### Application area

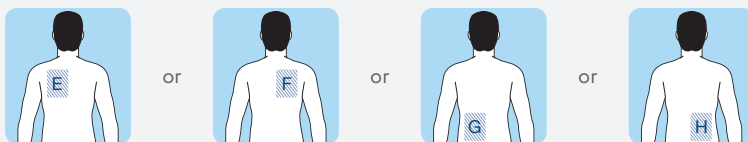
Front:



Carefully remove the existing patch before putting on a new one.

Apply **one** new patch in **one** of the areas to the left every day.

Back:



You can use the same area (A or B or C or D or E or F or G or H), but do not use the exact spot within the same area.

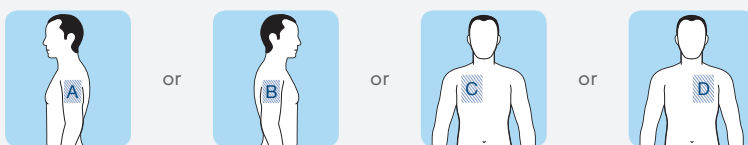
Old patch removed?	Date of application of new patch	Day of application of new patch	Application zone of new patch (letter)
<input checked="" type="checkbox"/>	08 March 2015	Sunday	A
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			

## How to use this record sheet

- Use this record sheet to keep track of when you apply and take off a ALMURIVA PATCH.
- Tick the box when you have removed the old patch.
- Fill in the date and day you apply the new patch.
- Fill in the letter of the application area where you have applied the new patch.
- If you have any questions or require more information, please read the patient information leaflet that came with the medicine.
- If you are not sure about anything, please ask your doctor or pharmacist.

### Application area

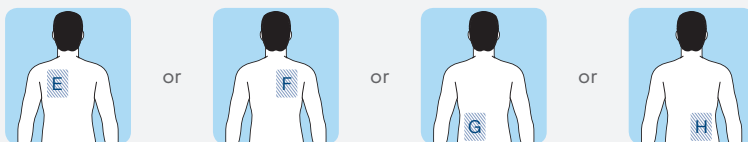
Front:



Carefully remove the existing patch before putting on a new one.

Apply **one** new patch in **one** of the areas to the left every day.

Back:



You can use the same area (A or B or C or D or E or F or G or H), but do not use the exact spot within the same area.

Old patch removed?	Date of application of new patch	Day of application of new patch	Application zone of new patch (letter)
<input checked="" type="checkbox"/>	08 March 2015	Sunday	A
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			

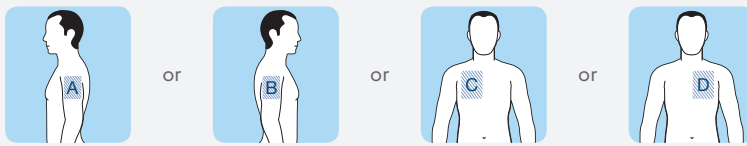


## How to use this record sheet

- Use this record sheet to keep track of when you apply and take off a ALMURIVA PATCH.
- Tick the box when you have removed the old patch.
- Fill in the date and day you apply the new patch.
- Fill in the letter of the application area where you have applied the new patch.
- If you have any questions or require more information, please read the patient information leaflet that came with the medicine.
- If you are not sure about anything, please ask your doctor or pharmacist.

### Application area

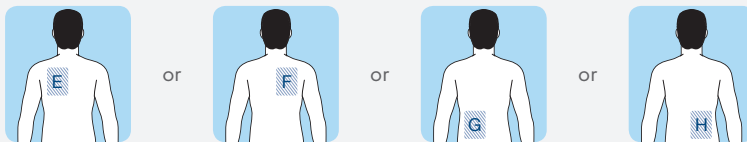
Front:



Carefully remove the existing patch before putting on a new one.

Apply **one** new patch in **one** of the areas to the left every day.

Back:



You can use the same area (A or B or C or D or E or F or G or H), but do not use the exact spot within the same area.

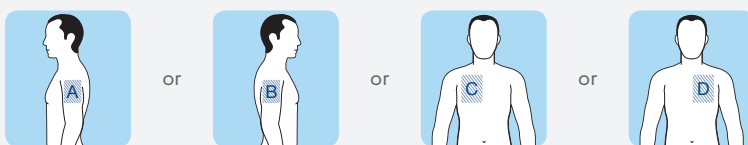
Old patch removed?	Date of application of new patch	Day of application of new patch	Application zone of new patch (letter)
<input checked="" type="checkbox"/>	08 March 2015	Sunday	A
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			

## How to use this record sheet

- Use this record sheet to keep track of when you apply and take off a ALMURIVA PATCH.
- Tick the box when you have removed the old patch.
- Fill in the date and day you apply the new patch.
- Fill in the letter of the application area where you have applied the new patch.
- If you have any questions or require more information, please read the patient information leaflet that came with the medicine.
- If you are not sure about anything, please ask your doctor or pharmacist.

### Application area

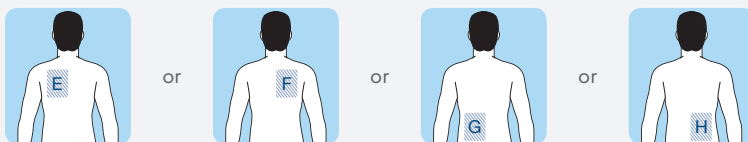
Front:



Carefully remove the existing patch before putting on a new one.

Apply **one** new patch in **one** of the areas to the left every day.

Back:



You can use the same area (A or B or C or D or E or F or G or H), but do not use the exact spot within the same area.

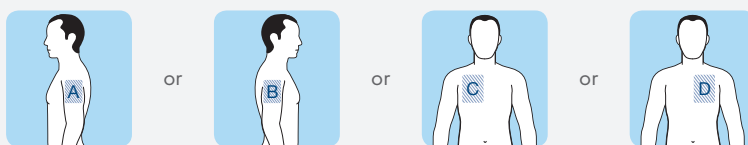
Old patch removed?	Date of application of new patch	Day of application of new patch	Application zone of new patch (letter)
<input checked="" type="checkbox"/>	08 March 2015	Sunday	A
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			

## How to use this record sheet

- Use this record sheet to keep track of when you apply and take off a ALMURIVA PATCH.
- Tick the box when you have removed the old patch.
- Fill in the date and day you apply the new patch.
- Fill in the letter of the application area where you have applied the new patch.
- If you have any questions or require more information, please read the patient information leaflet that came with the medicine.
- If you are not sure about anything, please ask your doctor or pharmacist.

### Application area

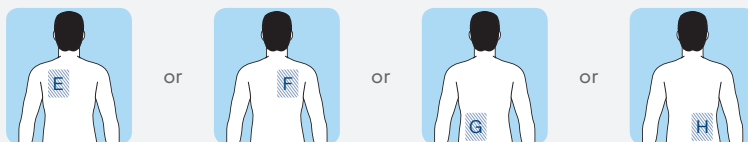
#### Front:



Carefully remove the existing patch before putting on a new one.

Apply **one** new patch in **one** of the areas to the left every day.

#### Back:



You can use the same area (A or B or C or D or E or F or G or H), but do not use the exact spot within the same area.

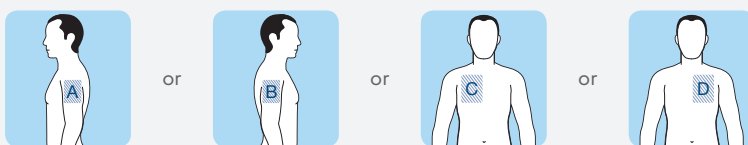
Old patch removed?	Date of application of new patch	Day of application of new patch	Application zone of new patch (letter)
<input checked="" type="checkbox"/>	08 March 2015	Sunday	A
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			

## How to use this record sheet

- Use this record sheet to keep track of when you apply and take off a ALMURIVA PATCH.
- Tick the box when you have removed the old patch.
- Fill in the date and day you apply the new patch.
- Fill in the letter of the application area where you have applied the new patch.
- If you have any questions or require more information, please read the patient information leaflet that came with the medicine.
- If you are not sure about anything, please ask your doctor or pharmacist.

### Application area

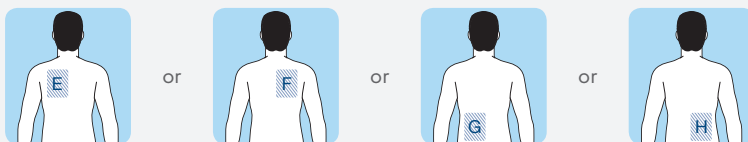
Front:



Carefully remove the existing patch before putting on a new one.

Apply **one** new patch in **one** of the areas to the left every day.

Back:



You can use the same area (A or B or C or D or E or F or G or H), but do not use the exact spot within the same area.

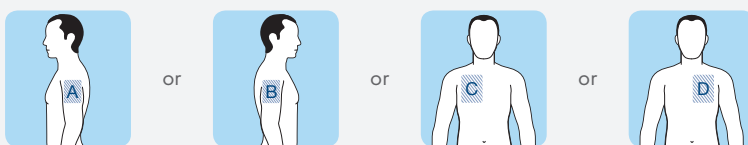
Old patch removed?	Date of application of new patch	Day of application of new patch	Application zone of new patch (letter)
<input checked="" type="checkbox"/>	08 March 2015	Sunday	A
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			

## How to use this record sheet

- Use this record sheet to keep track of when you apply and take off a ALMURIVA PATCH.
- Tick the box when you have removed the old patch.
- Fill in the date and day you apply the new patch.
- Fill in the letter of the application area where you have applied the new patch.
- If you have any questions or require more information, please read the patient information leaflet that came with the medicine.
- If you are not sure about anything, please ask your doctor or pharmacist.

### Application area

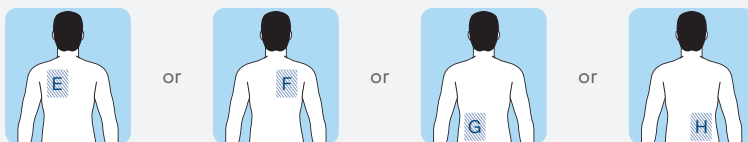
Front:



Carefully remove the existing patch before putting on a new one.

Apply **one** new patch in **one** of the areas to the left every day.

Back:



You can use the same area (A or B or C or D or E or F or G or H), but do not use the exact spot within the same area.

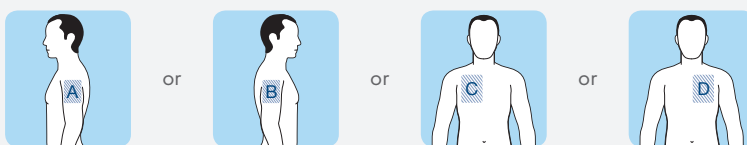
Old patch removed?	Date of application of new patch	Day of application of new patch	Application zone of new patch (letter)
<input checked="" type="checkbox"/>	08 March 2015	Sunday	A
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			

## How to use this record sheet

- Use this record sheet to keep track of when you apply and take off a ALMURIVA PATCH.
- Tick the box when you have removed the old patch.
- Fill in the date and day you apply the new patch.
- Fill in the letter of the application area where you have applied the new patch.
- If you have any questions or require more information, please read the patient information leaflet that came with the medicine.
- If you are not sure about anything, please ask your doctor or pharmacist.

### Application area

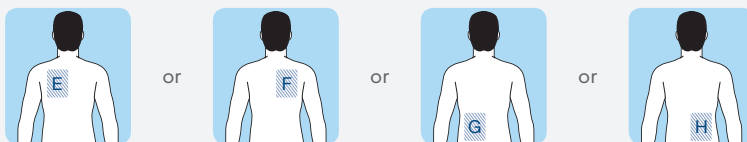
Front:



Carefully remove the existing patch before putting on a new one.

Apply **one** new patch in **one** of the areas to the left every day.

Back:



You can use the same area (A or B or C or D or E or F or G or H), but do not use the exact spot within the same area.

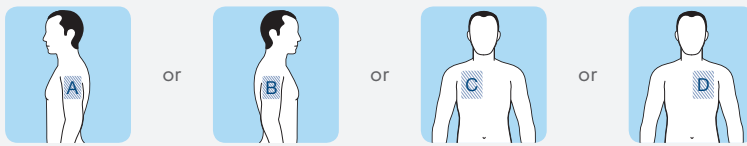
Old patch removed?	Date of application of new patch	Day of application of new patch	Application zone of new patch (letter)
<input checked="" type="checkbox"/>	08 March 2015	Sunday	A
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			

## How to use this record sheet

- Use this record sheet to keep track of when you apply and take off a ALMURIVA PATCH.
- Tick the box when you have removed the old patch.
- Fill in the date and day you apply the new patch.
- Fill in the letter of the application area where you have applied the new patch.
- If you have any questions or require more information, please read the patient information leaflet that came with the medicine.
- If you are not sure about anything, please ask your doctor or pharmacist.

### Application area

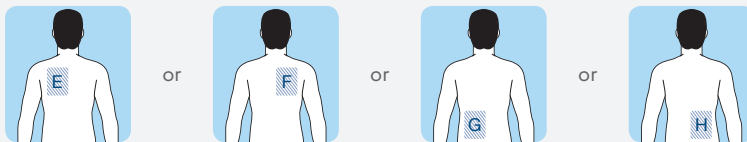
**Front:**



Carefully remove the existing patch before putting on a new one.

Apply **one** new patch in **one** of the areas to the left every day.

**Back:**



You can use the same area (A or B or C or D or E or F or G or H), but do not use the exact spot within the same area.

Old patch removed?	Date of application of new patch	Day of application of new patch	Application zone of new patch (letter)
<input checked="" type="checkbox"/>	08 March 2015	Sunday	A
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			

**ALMURIVA PATCH**  
(rivastigmine transdermal system)