



# HOW TO USE MY COMPLIANCE CARD WITH THE FARYDAK REGIMEN

Your doctor has prescribed Farydak® (panobinostat) – a medicine used in combination with bortezomib and oral dexamethasone – to treat people with relapsed multiple myeloma.

## Use Your Compliance Card to Keep Track Every Day

### 1 Familiarise yourself with your Compliance Card.

Each line of your Compliance Card tells you which medicines you should take each day. You will receive a new Compliance Card at the beginning of each treatment cycle.

### 2 Discuss your start date and dosing strength for Farydak with your doctor.

To help you remember when to take your medicine, your healthcare professional will write in your start date. Then, you should fill in all the boxes by writing the day of the week and the date. Fill in every box for all 3 weeks of the treatment cycle.

Since Farydak has 3 different dosage strengths, your doctor or nurse will indicate which dosage strength of Farydak you have been prescribed.

### 3 Take your medication according to your prescription.

After you take your medication, mark the box each day so you remember that you took it. Take all doses according to your Compliance Card. Don't mark the box if you miss a dose. DO NOT take a double dose the next day. If you DO take a double dose by mistake, note it in your Compliance Card.

**Please follow your doctor's instructions on how to take Farydak along with bortezomib and dexamethasone.**

### 4 Bring your Compliance Card with you to each visit.

Your doctor will check your Compliance Card and, if necessary, will review the way you take your medication. It's important to follow your doctor's instructions. Keep your Compliance Card safe and bring it with you on each visit to your doctor.

If you get any side effects talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store or contact pharmaand on 020 3318 1995 or via [pv@pharmaand.com](mailto:pv@pharmaand.com). By reporting side effects, you can help provide more information on the safety of this medicine.



## CYCLES 1-8 (BORTEZOMIB TWICE WEEKLY)

Start Date: \_\_\_\_\_

Prescribed Dose of Farydak® (panobinostat):  10mg  15mg  20mg

Week 1		
Day of cycle	Day of the week and date (dd/mm)	Mark EACH accordingly
Day 1		<b>F</b> + <b>B</b> + <b>D</b> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Day 2		<b>D</b> <input type="checkbox"/>
Day 3		<b>F</b> <input type="checkbox"/>
Day 4		<b>B</b> + <b>D</b> <input type="checkbox"/> <input type="checkbox"/>
Day 5		<b>F</b> + <b>D</b> <input type="checkbox"/> <input type="checkbox"/>
Day 6		<b>No dose</b> <input type="checkbox"/>
Day 7		<b>No dose</b> <input type="checkbox"/>

Week 2		
Day of cycle	Day of the week and date (dd/mm)	Mark EACH accordingly
Day 8		<b>F</b> + <b>B</b> + <b>D</b> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Day 9		<b>D</b> <input type="checkbox"/>
Day 10		<b>F</b> <input type="checkbox"/>
Day 11		<b>B</b> + <b>D</b> <input type="checkbox"/> <input type="checkbox"/>
Day 12		<b>F</b> + <b>D</b> <input type="checkbox"/> <input type="checkbox"/>
Day 13		<b>No dose</b> <input type="checkbox"/>
Day 14		<b>No dose</b> <input type="checkbox"/>

Week 3 (Rest)		
Day of cycle	Day of the week and date (dd/mm)	Mark EACH accordingly
Day 15		<b>No dose</b> <input type="checkbox"/>
Day 16		<b>No dose</b> <input type="checkbox"/>
Day 17		<b>No dose</b> <input type="checkbox"/>
Day 18		<b>No dose</b> <input type="checkbox"/>
Day 19		<b>No dose</b> <input type="checkbox"/>
Day 20		<b>No dose</b> <input type="checkbox"/>
Day 21		<b>No dose</b> <input type="checkbox"/>

This is the approved dosing schedule for Farydak. Please follow your doctor's instructions carefully.

**F** Farydak **D** Dexamethasone **B** Bortezomib

**DO NOT** take any medication(s) on your off days or on your off week