

PAEDIATRIC

Patient reminder card

HUMIRA[®] adalimumab (TNF Inhibitor)

Information for you and health care professionals involved in your child's medical care or treatment.

Not all possible side effects are listed on this card. Please read the Humira package leaflet or talk with your child's doctor for more information about side effects.

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This card contains select important safety information that you need to know before and during your child's treatment with Humira

- Keep this card with you at all times and for 70 days after your child's last injection of Humira
- Show this card to any doctor or health care professional that your child sees
- Record information about any tuberculosis tests or treatment your child has had on the back of this card

Introduction

Humira is a medicine that is intended to treat certain diseases that affect a part of the immune system. While Humira can be effective in treating these diseases, some people can have one or more side effects. It is important to talk to your child's doctor about the possible benefits and possible side effects of taking Humira. These can be different for each person.

- The purpose of this card is to tell you about some of the possible side effects of Humira
- Some of the serious side effects that could occur include infections, cancer, and nervous system problems
- These are not all of the possible side effects of Humira

Before Humira Treatment

Tell your child's doctor about any health problems your child has and any medicines your child takes. This will help you and your child's doctor decide if Humira is right for your child.

Tell your child's doctor if your child:

- Has an infection or has symptoms of an infection (such as fever, wounds, feeling tired, dental problems)
- Has tuberculosis or has been in close contact with someone with tuberculosis
- Has or has had cancer
- Has any numbness or tingling or has a problem that affects your child's nervous system, such as multiple sclerosis

Your child's doctor should check him or her for signs and symptoms of tuberculosis before starting Humira. Your child may need to be treated for tuberculosis before he or she starts Humira.

Vaccinations

- Your child's doctor may suggest certain vaccinations for your child before they start Humira. Live vaccines should not be administered to your child while taking Humira. If your child receives Humira while pregnant, it is important that you inform the baby's doctor before the baby receives any vaccine. The baby should not receive a "live vaccine," such as BCG (used to prevent tuberculosis) within 5 months following your child's last Humira injection during pregnancy

During Humira Treatment

To make sure that Humira is working properly and safely for your child, you should check in with his or her doctor regularly to discuss how your child is doing. Tell your doctor right away about any changes in your child's condition.

Keep your child's doctor informed about how Humira is working for your child.

- It is important to call your child's doctor right away about any unusual symptoms your child may have. This will help make sure your child gets the right care. It will also lower the chance of a side effect becoming worse
- Many side effects, including infections, can be managed if you tell your child's doctor right away

- If your child gets a side effect, your child's doctor will decide if your child should continue or stop his or her Humira treatment. It is important to talk with your child's doctor to find out what is right for your child
- Since side effects can happen after your child's last dose of Humira, tell your child's doctor about any problems that your child may have up to 70 days after your child's last injection of Humira

Tell your child's doctor about:

- Any new medical conditions that your child has
- New medicines your child is taking
- Any surgery or operation that is planned for your child

Some people taking Humira may get serious side effects, including:

Infections

- Humira helps people with certain inflammatory diseases. It does this by blocking a part of the immune system. However, this part of the immune system also helps fight infection. This means Humira can make your child more likely to get infections or make any infection that your child may have worse. This includes infections such as colds or more serious infections like tuberculosis

Cancer

- If your child takes Humira, the risk of getting certain types of cancer may increase

Nervous system problems

- Some people have developed new or worsening nervous system problems with Humira. This includes multiple sclerosis

Please read the Humira package leaflet for more information. These are not all of the possible side effects that may occur during treatment with Humira.

Call your child's doctor or get medical care right away if your child has any of the following symptoms of these possible serious side effects:

Infections

- Fever, chills, unusual sweating, feeling unwell or more tired than normal, feeling or being sick (such as nausea or vomiting), diarrhoea, stomach pain, loss of appetite or weight loss, cough or coughing up blood or mucus, shortness of breath, problems urinating, skin sores, wounds, muscle aches, dental problems

Cancer

- Night sweats, swelling of the lymph nodes (swollen glands) in the neck, armpits, groin or other areas, weight loss, new skin lesions or change in skin lesions (such as moles or freckles) your child already has, severe itchiness that cannot be explained

Nervous system problems

- Numbness or tingling, vision changes, muscle weakness, unexplained dizziness

Tell your child's doctor about any unusual symptoms that your child may have during treatment with Humira. These are not all of the possible symptoms of these side effects.

Information for you and healthcare professionals involved in your child's medical care or treatment

Tuberculosis (TB) Tests and Treatment

Mark this box if your child has ever been tested for TB:

YES (Check with your doctor if you do not know)

Mark this box if your child has ever had any test that was positive for TB:

YES (Check with your doctor if you do not know)

Mark this box if your child has ever taken any medication to treat or prevent TB:

YES (Check with your doctor if you do not know)

Please read the Humira package leaflet for more information. If you have any other questions, talk to your child's doctor or another healthcare professional.

Your child's name: _____

Your child's doctor's name
(who prescribed Humira): _____

Your child's doctor's phone number: _____

Indication: _____

Date of your child's first Humira injection: _____

Dose of your child's Humira injection: _____

Date of your child's last Humira injection
(if no longer taking Humira): _____

Please fill out information for your child and healthcare professionals involved in your child's medical care or treatment.

If you have any questions, speak to your child's doctor or nurse about your child's treatment

If your child experiences any side effects, talk to their doctor, pharmacist, or nurse. This includes any possible side effects not listed in the patient information leaflet. You can also report side effects directly via the MHRA Yellow Card Scheme (<https://yellowcard.mhra.gov.uk>) or Yellow Card app from the Google Play or Apple App Store.

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